

SHAPE American Middle School SAMS



Home of the Gladiators



**2023 – 2024
(Week 11)**

DSN: 597-7730\Commercial: 065 75 77 30

DoDEA Webpage: <https://www.dodea.edu/shapems/index.cfm>

Volume 5 / Issue 11

SHAPE American Middle School is known as (**SAMS**)

School Colors: **Green** & **Gold**

School Mascot: The **Gladiator**



**Department of Defense Education Activity
(DoDEA)**

Vision

*Excellence in Education for Every Student,
Every Day, Everywhere*

Mission

*Educate, Engage, and Empower military-connected
students to succeed in a dynamic world.*

Next Week

Oct 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	Q2	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

*** Friday, October 27th
is an Early Release
Day, school ends at
1300!**



HISPANIC HERITAGE MONTH



We had a wonderful time celebrating Hispanic Heritage Month this past Tuesday. A very special **THANK YOU** to Ms. Berdecio and everyone who participated!



Hello Wonderful SAMS parents!



Report cards for Quarter 1 of the 2023-2024 school year are now available to view on the Aspen family portal! Please log into the portal using this link:

https://dodeasis.myfollett.com/aspen/logon.do?deploymentId=dodeasis&jsessionid=0oY-OnSsMajv_GyAssAqVygDE1XUH_NjZs8wijUv

Once logged on, you can view the report card. If you have any trouble with logging on or viewing your child's report card, please send an email to Amanda.casey@dodea.edu for assistance.



If you notice an incomplete on your child's report card, or you have any other grade-related questions, please do not hesitate to reach out to your child's teacher.



Homework Club



Do you need help with an assignment? Didn't have time to finish your homework last night and can get to school early? Then homework club may be the solution to your dilemma. Homework club is now available **BEFORE SCHOOL** from **8:00** to **8:30** **DAILY** and **AFTER SCHOOL** on **MONDAY**, **THURSDAY**, and **FRIDAY** afternoons from **3:30** to **5:00**. It will also be available on the **SECOND**, **FOURTH** and **FIFTH TUESDAY** of each month from **3:30** to **5:00**. Homework club is open to **EVERYONE!** All you need to do is pick up a permission form and have your parent or guardian sign it. Then stop in whenever you want help or a place to sit and work. Permission forms and calendars are available outside Ms. Jones's room, **M104**. See Ms. Jones if you have any questions or need more information.



Homework Club



SHAPE American Middle School Homework Club Permission Form



Need help with an assignment? Or maybe just a place to get some work done? Take advantage of the SAMS homework club. Help is available every day before school between 0800 and 0830 and after school on Monday, Tuesday, and Thursday afternoons from 1530 to 1700. You can ask questions, get help or just work on your own during these sessions. You must have a permission slip on file to participate.

Where: Room M104 Sponsor: Ms. P. Jones

Starting Date: 16 October 2023 through 9 June 2024
Mornings from 8:00 to 8:30 AM Everyday (Monday through Friday)
After School from 1530 to 1700, Mondays, Tuesdays (2nd, 4th, and 5th),
When: Thursdays, and Fridays

Student's Name in _____ grade has my permission to attend the
Homework Club at SHAPE American Middle School.

Parent Name Printed _____ Contact #: _____

Parent Signature _____

If attending afternoon sessions, please indicate how your child will be getting home.

_____ I will pick my child up at **17:00** in the parking lot behind the middle school.

_____ My child will walk to SAS or the Teen Center alone at **17:00**

_____ My child will walk home alone.

Students coming to the morning sessions should come in the main door by the front office and preceded up to the first floor and Ms. Jones's classroom M104.

Homework Club Permission Form



Homework Club Calendar

October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 AM HW PM HW	17 AM HW	18 AM HW	19 AM HW PM HW	20 AM HW PM HW	21
22	23 AM HW PM HW	24 AM HW PM HW	25 AM HW	26 AM HW PM HW	27 AM HW ½ Day	28
29	30 Fall Break	31 Fall Break				

November 2023						
S	M	T	W	T	F	S
			1 Fall Break	2 Fall Break	3 Fall Break	4
5	6 AM HW PM HW	7 AM HW	8 AM HW	9 AM HW PM HW	10 No School	11
12	13 No School	14 AM HW PM HW	15 AM HW	16 AM HW PM HW	17 AM HW PM HW	18
19	20 AM HW PM HW	21 AM HW	22 AM HW	23 AM HW PM HW	24 AM HW PM HW	25
26	27 AM HW PM HW	28 AM HW PM HW	29 AM HW	30 AM HW PM HW		

December 2023						
S	M	T	W	T	F	S
					1	2
3	4 AM HW PM HW	5 AM HW	6 AM HW	7 AM HW PM HW	8 AM HW PM HW	9
10	11 AM HW PM HW	12 AM HW PM HW	13 AM HW	14 AM HW PM HW	15 AM HW PM HW	16
17	18 AM HW PM HW	19 AM HW	20 AM HW	21 AM HW PM HW	22 AM HW ½ Day	23
24	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break	30
31						

January 2024						
S	M	T	W	T	F	S
	1 Winter Break	2 Winter Break	3 Winter Break	4 Winter Break	5 Winter Break	6
7	8 Winter Break	9 Winter Break	10 AM HW	11 AM HW PM HW	12 AM HW PM HW	13
14	15 AM HW PM HW	16 AM HW PM HW	17 AM HW	18 AM HW PM HW	19 AM HW PM HW	20
21	22 AM HW PM HW	23 AM HW	24 AM HW	25 AM HW PM HW	26 AM HW PM HW	27
28	29 AM HW PM HW	30 AM HW PM HW	31 AM HW			

February 2024						
S	M	T	W	T	F	S
				1 AM HW PM HW	2 AM HW PM HW	3
4	5 AM HW PM HW	6 AM HW	7 AM HW	8 AM HW PM HW	9 AM HW PM HW	10
11	12 AM HW PM HW	13 AM HW PM HW	14 AM HW	15 AM HW PM HW	16 AM HW PM HW	17
18	19 AM HW PM HW	20 AM HW	21 AM HW	22 AM HW PM HW	23 AM HW PM HW	24
25	26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break		

AM HW meets from 8:00 to 8:30 AM

PM HW Meets from 15:30 – 17:00



Homework Club Calendar

Continued

March 2024						
S	M	T	W	T	F	S
					1 Winter Break	2
3	4 AM HW PM HW	5 AM HW	6 AM HW	7 AM HW PM HW	8 AM HW PM HW	9
10	11 AM HW PM HW	12 AM HW PM HW	13 AM HW	14 AM HW PM HW	15 AM HW PM HW	16
17	18 AM HW PM HW	19 AM HW	20 AM HW	21 AM HW ½ Day	22 No School	23
24	25 AM HW PM HW	26 AM HW PM HW	27 AM HW	28 AM HW PM HW	29 No School	30
31						

April 2024						
S	M	T	W	T	F	S
	1 No School	2 AM HW	3 AM HW	4 AM HW PM HW	5 AM HW PM HW	6
7	8 Spring Break	9 Spring Break	10 Spring Break	11 Spring Break	12 Spring Break	13
14	15 Spring Break	16 Spring Break	17 Spring Break	18 Spring Break	19 Spring Break	20
21	22 AM HW PM HW	23 AM HW PM HW	24 AM HW	25 AM HW PM HW	26 AM HW PM HW	27
28	29 AM HW PM HW	30 AM HW				

May 2024						
S	M	T	W	T	F	S
			1 No School	2 AM HW PM HW	3 AM HW PM HW	4
5	6 AM HW PM HW	7 AM HW	8 AM HW	9 No School	10 AM HW PM HW	11
12	13 AM HW PM HW	14 AM HW PM HW	15 AM HW	16 AM HW PM HW	17 AM HW PM HW	18
19	20 No School	21 AM HW	22 AM HW	23 AM HW PM HW	24 AM HW PM HW	25
26	27 AM HW PM HW	28 AM HW PM HW	29 AM HW	30 AM HW PM HW	31 AM HW PM HW	

June 2024						
S	M	T	W	T	F	S
						1
2	3 AM HW PM HW	4 AM HW	5 AM HW	6 AM HW PM HW	7 AM HW PM HW	8
9	10	11	12 Last Day of School	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

AM HW meets from 8:00 to 8:30 AM

PM HW Meets from 15:30 – 17:00

Sports Physical Form



Will your child be participating in a sports activity during this school year? If so, please complete the Sports Physical Form and return it to the School Nurse.

CHILD, YOUTH, AND SCHOOL SERVICES HEALTH ASSESSMENT/SPORTS PHYSICAL (AE Reg 608-10-1)					
Data required by the Privacy Act of 1974					
Authority: 10 USC 3013. Purpose: (1) Verify child health and status of immunizations for admission requirements; (2) Note special program considerations or restriction on child participation; (3) Execute emergency medical procedures for chronic illness or conditions; (4) Refer the child for enrollment in Exceptional Family Member Program; (5) Certify the child is physically fit to participate in sports. Routine use: In addition to those disclosures generally permitted under 5 USC 552a(b) of the Privacy Act, these records and information may specifically be disclosed outside DOD as a routine use pursuant to 5 USC 552a(b)(3) as follows: Information from this system may be disclosed to civilian health and welfare departments and agencies in emergency situations. The "Blanket Routine Uses" set forth at the beginning of the Army Compilation of Systems of Records Notices also apply. Disclosure: Voluntary, but if information is not provided, individuals may not be able to participate in Child, Youth, and School Services activities.					
Instructions: For health assessments, complete parts A and C; for sports physicals, complete parts A, B, and C.					
Part A					
Name of sponsor		Home telephone		Work telephone	
		Cell phone			
Sponsor unit/work address				Spouse's work telephone	
Child Health Information Name of child		Date of birth (YYYYMMDD)		Sex <input type="checkbox"/> Male <input type="checkbox"/> Female	
Does your child have ongoing medical concerns? (If yes, explain circumstances and current status.)					
<input type="checkbox"/> No <input type="checkbox"/> Yes					
Is your child enrolled in the Exceptional Family Member Program? (If yes, explain.)					
<input type="checkbox"/> No <input type="checkbox"/> Yes					
Medical History					
	Yes	No		Yes	No
1. ADD/ADHD	<input type="checkbox"/>	<input type="checkbox"/>	15. Head injury or loss of consciousness	<input type="checkbox"/>	<input type="checkbox"/>
2. Allergies to medicine, insect bites, or food	<input type="checkbox"/>	<input type="checkbox"/>	16. Heart or blood pressure problems	<input type="checkbox"/>	<input type="checkbox"/>
3. Any hospitalization or operation	<input type="checkbox"/>	<input type="checkbox"/>	17. Heat stroke or exhaustion	<input type="checkbox"/>	<input type="checkbox"/>
4. Asthma or difficulty breathing	<input type="checkbox"/>	<input type="checkbox"/>	18. Joint injuries (ankle/knee/wrist)	<input type="checkbox"/>	<input type="checkbox"/>
5. Autism spectrum disorder	<input type="checkbox"/>	<input type="checkbox"/>	19. Learning problems	<input type="checkbox"/>	<input type="checkbox"/>
6. Behavioral problems	<input type="checkbox"/>	<input type="checkbox"/>	20. Neck or back injury	<input type="checkbox"/>	<input type="checkbox"/>
7. Broken bones or sprains	<input type="checkbox"/>	<input type="checkbox"/>	21. Required restricted physical activity	<input type="checkbox"/>	<input type="checkbox"/>
8. Cancer	<input type="checkbox"/>	<input type="checkbox"/>	22. Seizures or convulsions	<input type="checkbox"/>	<input type="checkbox"/>
9. Chest pain with exercise	<input type="checkbox"/>	<input type="checkbox"/>	23. Sleep problems	<input type="checkbox"/>	<input type="checkbox"/>
10. Dental or orthodontic braces	<input type="checkbox"/>	<input type="checkbox"/>	24. Speech or development delays	<input type="checkbox"/>	<input type="checkbox"/>
11. Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	25. Vision problems (glasses/contacts)	<input type="checkbox"/>	<input type="checkbox"/>
12. Dizziness or fainting with exercise	<input type="checkbox"/>	<input type="checkbox"/>	26. Other (list below)	<input type="checkbox"/>	<input type="checkbox"/>
13. Ear or hearing problems	<input type="checkbox"/>	<input type="checkbox"/>			
14. Headaches	<input type="checkbox"/>	<input type="checkbox"/>			
If you answered yes to any of the above, please explain:					
Ongoing medications					
Name	Dosage		Frequency		
Allergies - All types (food, medicines, insect bites)					
Type	Reaction		Type	Reaction	

Sports Physical Form



Part B					
Medical Staff Assessment (completed by licensed independent practitioner)					
Age		Height		Weight	
Yrs	Mos	in/cm	%	lb/kg	%
BP /		Visual acuity (tested with/without glasses)			
P		Right	/	Left	/
		Normal	Abnormal	N/A	Comments
1. Eyes					
2. Ears, nose, and throat					
3. Hearing					
4. Mouth and teeth					
5. Neck (soft tissues)					
6. Cardiovascular					
7. Chest and lungs					
8. Abdomen					
9. Genitalia - hernia					
10. Skin and lymphatics					
11. Spine - scoliosis					
12. Extremities					
13. Neurological					
14. Wears braces/plates					
Based on this examination, the following abnormalities were found and may need treatment:					
Immunizations are current and up to date <input type="checkbox"/> Yes <input type="checkbox"/> No					
Participation recommended					
<input type="checkbox"/> All sports		<input type="checkbox"/> Yes <input type="checkbox"/> No		<input type="checkbox"/> Normal physical activity including physical education	
<input type="checkbox"/> Additional comments		<input type="checkbox"/> Restrictions			
Sports physical is valid for 1 year from date indicated below.					
Part C					
Special medical considerations: Describe any special program needs, considerations, or restrictions that could affect the child's participation in Child, Youth, and School Services programs (including sports).					
Child/youth is able to participate in normal Child, Youth, and School Services programs: <input type="checkbox"/> Yes <input type="checkbox"/> No					
Licensed healthcare professional stamp		Date		Licensed healthcare professional signature	
Type or print name of parent or guardian		Date		Signature of parent or guardian	
Health Assessment Annual Recertification					
Health status changed		Date		Signature of parent or guardian	
<input type="checkbox"/> Yes <input type="checkbox"/> No					
Health status changed		Date		Signature of parent or guardian	
<input type="checkbox"/> Yes <input type="checkbox"/> No					



upcoming

Small Groups @SAMS

Meeting during Seminar

***October 19: Communication
for Teens**

***October 23: Challenges of
Changing Schools**

***November 7: Anger
Management for Teens**

***November 9: Conflict
Management for Teens**

**SPACE IS LIMITED
CONTACT...**

SAMS MFLC Counselor, Oscar Mas
+32-494-89-18-69



Donut With A Grown Up

Wednesday

November 8

07:30 to 08:30

In the Cafeteria/MPR

Come Early, Eat Yummy!

Meet your sweet student(s) for a FREE

— donut. All K-8 students are welcome.

Brought to you by the SHAPE PTSO.



Scan me to
Volunteer!



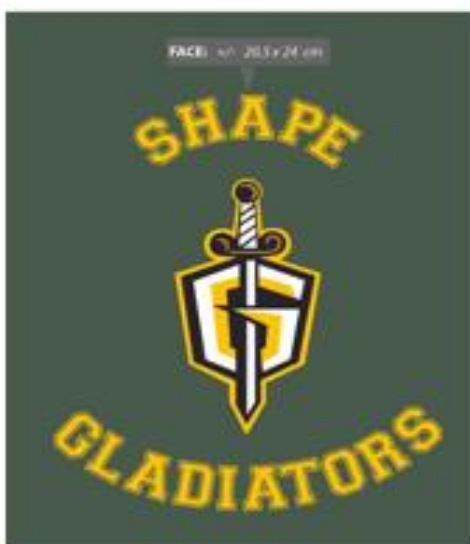
SAES & SAMS PTSO Corner



Store Hours

The School Store is open on **TUESDAYS ONLY** from 15:00-16:00. If you are unable to make it at that time, please email shapeesmsptso@gmail.com for an appointment.

Spirit Wear: We have extended the Spirit Wear deadline to **MONDAY**, so there is still time to turn in orders. Forms and payments are to be turned in to your student's teacher.



KID SIZES : 12/14 (140-152 cm)

ADULT SIZES: XS, S, M,L,XL, XXL

**ALL Products are 80 % Cotton
and 20 % polyester**



SPIRIT WEAR ORDER FORM

STUDENT NAME:

SHAPE MIDDLE SCHOOL

PARENT NAME:

EURO only
please

EMAIL:

STUDENTS' SEMINAR CLASS:

DESCRIPTION	QTY	SIZE	COST
Gladiator SWEATSHIRT (KID SIZE)			25
Gladiator SWEATSHIRT (ADULT SIZE)			30
Gladiator T-SHIRT (KID SIZE)			10
Gladiator T-SHIRT (ADULT SIZE)			10
Gladiator DRAWSTRING BAG			10
COMBO (SWEATSHIRT, T-SHIRT and BAG) KID SIZE			40
COMBO (SWEATSHIRT, T-SHIRT and BAG) ADULT SIZE			45

EVERY FRIDAY IS SPIRIT DAY!

Please return order forms to
your seminar teacher by
October 20, 2023

TOTAL:

Exact Change Only Please

Delivery in early December

SHAPE

Elementary and
Middle School

PTSO

News and Events
2023

WHO WE ARE

PTSO stands for Parent Teacher Student Organization. We are a group of parents and staff volunteers who serve the American Elementary and Middle School communities.

The PTSO holds various events throughout the year such as Donut with a Grown Up, Scholastic Book Fair, Bingo Night, and Spring Carnival. We raise money through fundraisers such as popcorn and spirit wear sales. All money raised goes directly to support the school community.

PTSO School Store is Open
Tuesdays 15:00-16:00
Or by appointment. Email us!
Located on main floor of the Middle School.

Popcorn Days

October 20

November 17

December 15

All K-8 students and families are welcome to our events.

25

October

Spooky STEAM Night

17:00 to 19:00

@Elementary & MPR

Sponsored in part by the
SHAPE PTSO

08

November

Donut With A Grown Up

07:30 to 08:30

@Cafeteria/MPR

4-8

December

Scholastic Book Fair

@Elementary rm123

Family evening
hours on Dec 7th.

Find us on Facebook:

SHAPE Elementary and
Middle School PTSO

shapeesmsptso@gmail.com



Scan me to
Volunteer!

FACE PAINTING

with the PTSO

Join us for this free class!

Class Dates:

Students who attend can help the
PTSO during the SAES STEAM
Knight on Wednesday,
25 OCT 2023.

Friday, OCT 6th
Tuesday, OCT 10th
Friday, OCT 14th
Tuesday, OCT 24th

Class is from: 1600 - 1700
SAMS - Ground Floor, Room M.011

DON'T LET THE FLU GET YOU!



**There will be TWO
opportunities for
students and parents
to receive flu vaccines
at the school.**

13 Oct 9am - 4pm

15 Nov 3pm - 6pm

Location is the MPR

Army & Air Force Exchange Service (AAFES) Lunch Program

Shape EMS - LUNCH MENU

23 to 27 October 23

23-Oct-23	Monday	Side Items
	Chicken And Veggie Dumpling	Oven Fries
	Penne Mac And Cheese W/Cornbread	Seasoned Green Beans
	Chicken Tenders Breaded WGR	Fruit
		Milk
24-Oct-23	Tuesday	Side Items
	Spaghetti & Meatsauce W/Garlic Baguette	Roasted Broccoli
	Baked Spaghetti W/Garlic Baguette	Carrot Dippers
	Chicken Melt	Fruit
		Milk
25-Oct-23	Wednesday	Side Items
	Taco Pizza	Seasoned Carrots
	Cheese Pizza	Cucumber Coins
	Mini Chicken Corn Dogs	Fruit
		Milk
26-Oct-23	Thursday	Side Items
	Chicken Nachos	Dark Green Side Salad
	Pork Nachos	Sweet Corn
	Market Salad (V)	Fruit
		Milk
27-Oct-23	Friday	Side Items
	EARLY RELEASE	

* Pork Free Item / ** Item may contain Pork

Menu subject to change based on product availability.

This institution is an equal opportunity provider.

Army & Air Force Exchange Service

Ms. Surin

Phone: 065-75-7708

Email: surins@aafes.com

Visit: www.MyPaymentsPlus.com to create an online account

Visit: <https://freeandreducedapps.aafes.com/>