



SuperHero 5k Run/Walk Registration Form

Monday, May 26th, 2025

4:15 pm

Cost: 10 €

Register by MAY 9th to be
guaranteed a shirt. Proceeds from the run will go to
the Elementary and Middle School PTSO.

****Top Finisher prizes are kindly donated by Andrews Federal Credit Union****

All ages and abilities welcomed and encouraged!!

Name: _____ Age: _____ T-shirt size: _____

Email Address: _____

Adult sizes: XS, S, M, L, XL, XXL, XXXL Child sizes: **5/6, 7/8, 9/11, 12/14**

Release and Waiver (Please read and sign)

I understand that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also understand that, although police protection might be provided, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation.

The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or another record of the event for any purpose.

Signature _____ (parent must sign for those under 18)

Date _____